

# **Experience Camps Fact Sheet**

Mission	We give grieving children experiences that will change their lives forever.
Founded	2009
Location	National programs; grieving children from 32 states and 4 countries served via 10 week-long summer camp programs in California. Georgia, Maine, Michigan, and Pennsylvania
Ages served	<ul> <li>Children and teens, ages 9 - 17, who have experienced the death of a parent, sibling or primary caregiver are eligible for camp</li> <li>Young Adults program for those in their 4 years after high school</li> <li>Educational and awareness programs like Talk About Grief reach families and people of all ages</li> </ul>
Cost	No cost
Program hours	450,000+ total program hours with grieving kids
Growth rate	23% increase in applications in 2020 500% increase in the waiting list over the past five years
Volunteers	400 / year; 1000 since 2009
Impact	<ul> <li>90% of participating children report higher self esteem and less loneliness</li> <li>85% of participants return to Experience Camps each year</li> <li>63% of children participating in Experience Camps reported that they have used their "grief skills" to help others cope with the pandemic</li> </ul>



# **Grief Fact Sheet**

#### The need to Talk About Grief

- 54% of people struggle to find grief resources.
- <u>57% of those who lost a parent during childhood</u> report that support from family and friends waned within 3 months, although it took an average of six years to move forward.

#### COVID-19 and grief

- 2.1 million Americans are grieving the loss of a loved one to COVID-19.
- For every 100,000 Americans who die from COVID-19, between 125,000 and 150,000 young people (ages 10 to 29) will be impacted.
- COVID-19 related deaths of relatives who represent key sources of social support can <u>fundamentally alter youths' economic security</u> and, in turn, the success and timing of their transition to adulthood.

## Rates of childhood grief

- <u>5.2 million U.S. children</u>, or 7.2%, experience the death of a parent or sibling.
- 1 in 14 U.S. children experience the death of a parent or sibling before age 18.
- The death of a parent has left 1.5 million U.S. children living in a single-parent household.

### Potential impacts of childhood bereavement

- Childhood grief is associated with: <u>developmental disruptions</u>, including relationship, academic, and career functioning; <u>substance abuse</u>; mental health challenges, including <u>depression</u> and <u>suicide</u>; and <u>poverty</u>.
- Children who lost a parent while growing up are 50% more likely to <u>die in early adulthood</u> within 20 years following their loss.
- Death has an intergenerational impact. Among adults who <u>lost a parent when they were</u> growing up, 79% said that when they became a parent, they missed having the guidance of the parent who died. 80% said the experience was the hardest thing they ever had to face.